



VIETNAM, CAMBODIA, LAOS AND MYANMAR



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# Content

**THREELAND FACTORS**

**MAP OF INDOCHINA  
& MYANMAR**

**VIETNAM 08**

Hanoi	10
Halong Bay	12
Ninh Binh	14
Northern mountains	16
The Central hyphen	20
Southern beaches	22
Saigon	26
Mekong Delta	28

**CAMBODIA 30**

Phnom Penh	32
Siem Reap & Angkor	34
Off the beaten track	36

**LAOS 40**

Vientiane	42
Luang Prabang	44
Off the beaten track	46

**MYANMAR 48**

Yangon	50
Bagan & Mandalay	52
Inle Lake & Kalaw Trek	54
Golden Rock & The Southeast Myanmar	56





## Why should be Threeland Travel? **5 things!**

**01**

### **SPEED & COST EFFECTIVENESS**

Your time is your money, hence answering and consultations must be given within 24hrs. The newest updates, seasonal events and the best promos are immediately advised which lead to Threeland's success as the rate winner in many markets.

**02**

### **HIGH-CUSTOMIZED SERVICES & FLEXIBILITY**

Travel is all about satisfaction, so matching your needs is the top priority of Threelanders who are proficient and studious to create a wide range of travel services and all tour types. Designing a new exclusive tour is a big pride of any Threeland consultant.

**04**

### **PROFESSIONAL & DEDICATED TEAM**

Our people are professional, dynamic, enthusiastic and flexible. Each special enquiry is considered as a challenge to Threeland team to conquer until the client's satisfaction with perfect product and any exceptions required. Simply you best local friend, is our motto.

**03**

### **RELIABILITY & GOOD REPUTATION**

Threeland is working with more than 1600 agencies worldwide, and welcoming 25% of the individual returned guests annually. Our high Travel Liability Insurance Package of USD 1,000,000 is known as a safeguard and immediate help during the tour.

**05**

### **RESPONSIBLE TRAVEL & TRAVELIFE PARTNER**

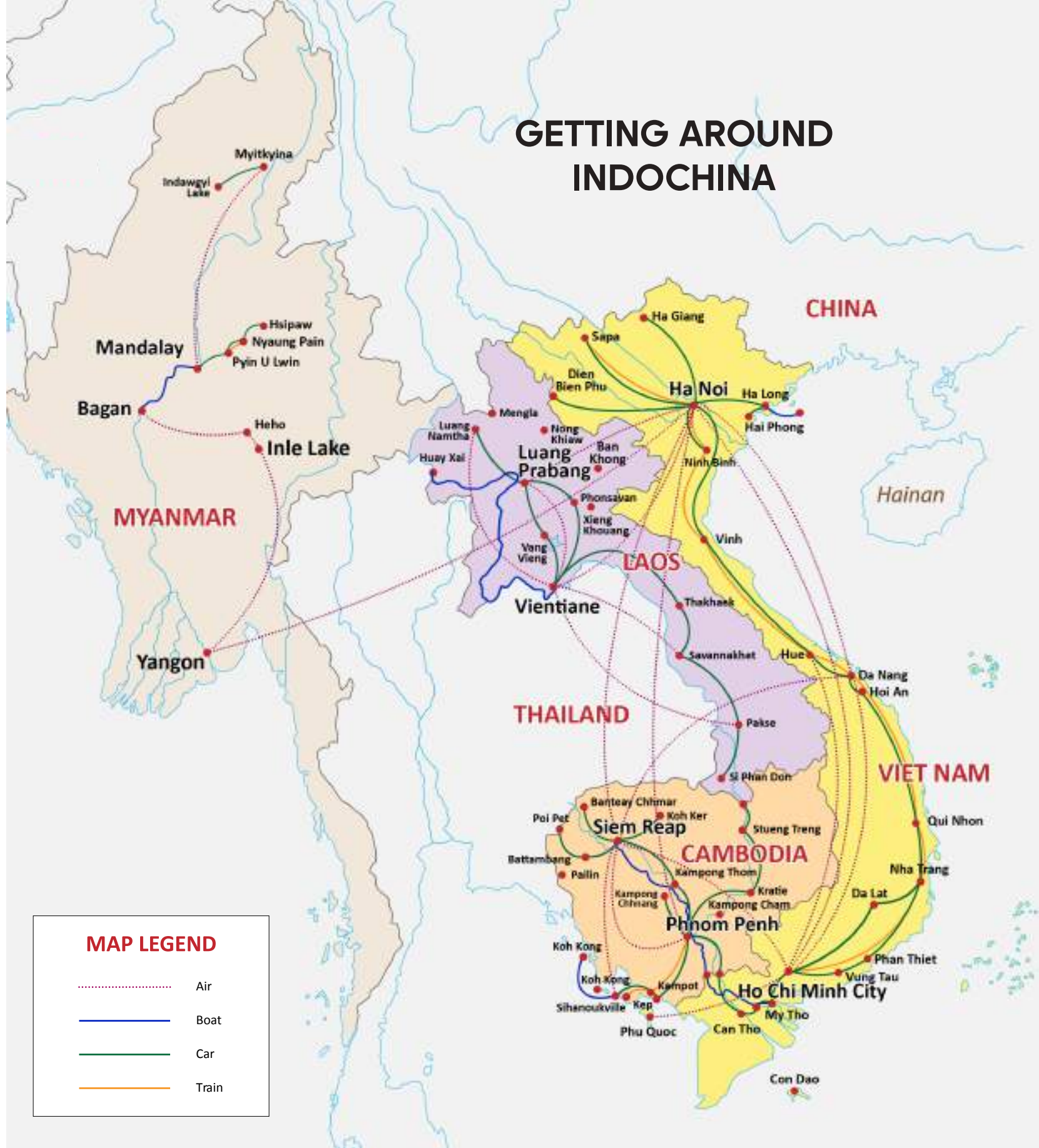
Sustainable Tourism is central to our ethos. Working as a responsible tour operator and Travelife partner, our mission is to make tourism sustainable and ethical for all. We create a responsible policy as a commitment to define the way we work and perform.



# ACTIVITIES IN INDOCHINA & MYANMAR



# GETTING AROUND INDOCHINA







#HA NOI

# VIET NAM

*A unique country of historical vestiges, breathtaking nature and landscape, fascinating culture, bustling modern life, and sophisticated cuisines. A long coastline country with emerald water & beach activities.*

**TRAVEL STYLES:** Culture & history | active & adventure | cities & beach | nature & wildlife | honeymoon & family holidays | responsible travel | yoga & wellness | MICE | education & charity | golf - photography - culinary - LGBT

## HIGHLIGHT



**Top-rated things to do:** overnight cruise in Halong bay | sampan boating in Ninh Binh | street food tour in Hanoi & Saigon | hiking through tribal villages in Puluong or Sapa | Cu chi & Mekong day trip | traditional handicraft making.



**Unique experiences:** scooter & jeep urban trip | excursion to the rural areas of Hoi An | Mekong deluxe overnight cruise | quad biking in Mui Ne | canyoning in Dalat | Saigon sunset cocktail boat trip.



**Outdoor activities:** easy to expert grade of cycling, trekking, motorbiking | ziplining in Phong Nha | paragliding in Northern terrace fields | water activities in coastal cities or on isolated islands.



#RICE TERRACES



#HOI AN



#SAI GON (HCMC)





#TRAIN STREET



#LONG BIEN BRIDGE



#HANOI BEER STREET



#THE QUINTESSENCE OF TONKIN SHOW



## HA NOI

*Vietnam's capital dated back 1000 years ago, the second biggest city, enriched in history & culture with the old quarter as the heart.*

### HIGHLIGHT



**Heritages:** Ho Chi Minh complex | temple of Literature | Hoa Lo Hilton prison | Ngoc Son temple & Hoan Kiem lake | Thang Long citadel | Tran Quoc pagoda.



**Architecture:** French colonial architecture including Hanoi Opera house, Long Bien bridge and St.Joseph cathedral.



**Museums:** National museum of history | museum of Ethnology | Vietnamese women's museum.



**Culture shows:** water puppet show | the Quintessence of Tonkin show.



**Urban activities:** rickshaw & electric car | walking & street food tour | egg coffee tasting | bia hoi (local draft beer) at Ta Hien street.








#LUXURY OVERNIGHT CRUISE

# HA LONG BAY

A day trip or a luxury overnight cruise through magnificent millions-old formations of breathtaking caves & grottos, thousands of limestone islands & islets.

## HIGHLIGHT

-  **Top-rated activities:** swimming & kayaking | mountain climbing | biking or hiking in Cat ba national park | cave visits.
-  **Nature sites:** amazing cave | Titop island & Dau Go cave, Thien Cung cave | Dark & Bright grotto & Lan Ha bay.
-  **Onboard experiences:** luxury stay | fine dining | Tai Chi exercise | cooking class |Squid fishing.



#TAI CHI EXERCISES



#KAYAKING



#EXPLORING CAVE





#TRANG AN COMPLEX

# NINH BINH

*An ancient Capital featuring thousands of karst mountains rising over shimmering rice fields and quiet lagoons, known locally as ‘Ha Long Bay on Land’.*

## HIGHLIGHT



**Culture & historical sites:** King Dinh & Le temples | Bai Dinh and Tam Chuc pagoda | Phat Diem stone church.



**Nature sites:** Trang An natural world heritage | Cuc Phuong national park | Vanlong wetland reserve | Mua cave.



**Outdoor activities:** Boat trip & cave visiting in Tam Coc and Trang An complex | climb to the top of Mua cave’s viewpoints | jungle trek in Cuc Phuong national park.



#TAM COC



#MUA CAVE



#VAN LONG WETLAND RESERVE



# NORTHERN MOUNTAINS






# HANI ETHNIC MINORITY



#TRIBAL VILLAGE

## HIGHLIGHT

-  **Nature sites:** breathtaking landscapes of mountains and jungles | 2-crops terraced paddies | beautiful valleys and waterfalls | scenic rivers with water wheels | vast lakes with local villages along.
-  **Authentic lifestyle:** diverse groups of minorities with their rich cultures, unique costumes, patterns and bustling sunday tribal markets.
-  **Outdoor activities:** hiking or trekking to tribal villages | mountain biking & motorbiking | self-drive & jeep expedition | visiting craft workshops | farm-to-table home cooking & food tasting | mountains conquering at Fansipan (with cable cab).



#FANSIPAN

***Pu Luong** – A recent must-see place for nature lovers in a perfect retreat with the stunning terraced rice fields, water wheels, charming hidden villages and authentic lifestyle.*



***Sapa** – Homeland of the highest peak of Indochina – Fansipan, hill tribe people, breathtaking mountain ranges, terrace paddy fields, beautiful valleys and waterfalls.*



#RICE TERRACES





#THE LAND OF ROCKS AND PEACH AND PLUM FLOWERS



#HOANG SU PHI



#NHO QUE LAKE & MA PI LENG MOUNTAIN

***Ha Giang*** – Vietnam’s most rugged and grand landscapes, the gateway to the lofty limestone peaks, rock-strewn fields, and Ma Pi Leng passes, the remote towns and minority villages.



#HMONG ETHNIC MINORITY



#TRUNG KHANH



***Cao Bang*** – Scenic rivers and Ban Gioc - one of the largest cross-border waterfalls in the world.

#BAN GIOC WATERFALL



# THE CENTRAL HYPHEN



## HIGHLIGHT



**The World Heritage sites:** Hoian ancient town | Cham sculpture museum | Myson Hindu towers | Hue complex of monuments.



**Culture shows:** Hue Royal Court Music (UNESCO intangible heritage) | Hoian Memories show | Hoian theme park.



**Top-rated activities:** biking, river boat trips in Hue & Hoi An with stops at villages | full day visit of Ba Na hill with Golden bridge | relaxation at China beach | farm work & cooking class at Tra Que vegetable village | tailor-made clothing & lantern making | street food & night market.

*Hue - the World Heritage, the last capital under the feudal dynasty featured by imperial legacies, peaceful ambience, art deco mansions and the captivating local cuisines rooted in the royal dishes.*

#IMPERIAL CITY  
OF HUE



*Danang - a family-friendly city, offering beach relaxation, amusement parks, world-class casinos, golf courses, entertainment centers; a home of numerous luxury beach properties.*



#LUXURY RESORT



#CYCLO TOUR

*Hoian - the World Heritage, trading port dating back to the 14th century, famous for its narrow winding yellow-themed streets, lantern-lit nights, traditional silk-making products & one-day tailor-made clothing.*



# SOUTHERN BEACHES ON THE WAY UPNORTH

*Nha Trang - City of sunny white sandy beaches, water sports, islands and seabed activities, home of luxurious resorts, amusement park, golf courses, world-class restaurants & bars.*



#VINPEARL WONDERS



#SIX SENSE  
NINH VAN BAY



#BAU TRANG  
SAND DUNES



#FISHING VILLAGE

*Mui Ne - Known as Vietnam's Sahara desert with white and red sand dunes, home to funny games including jeep drive, sand sledding, squad bike, water sports and beach relaxation.*



#LUXURY RESORT






***Phu Quoc** - A visa-exempt isolated island with white beaches, crystal clear water, colorful coral reefs, various water activities, newly launched entertainments and sleepless town.*



#PHU QUOC



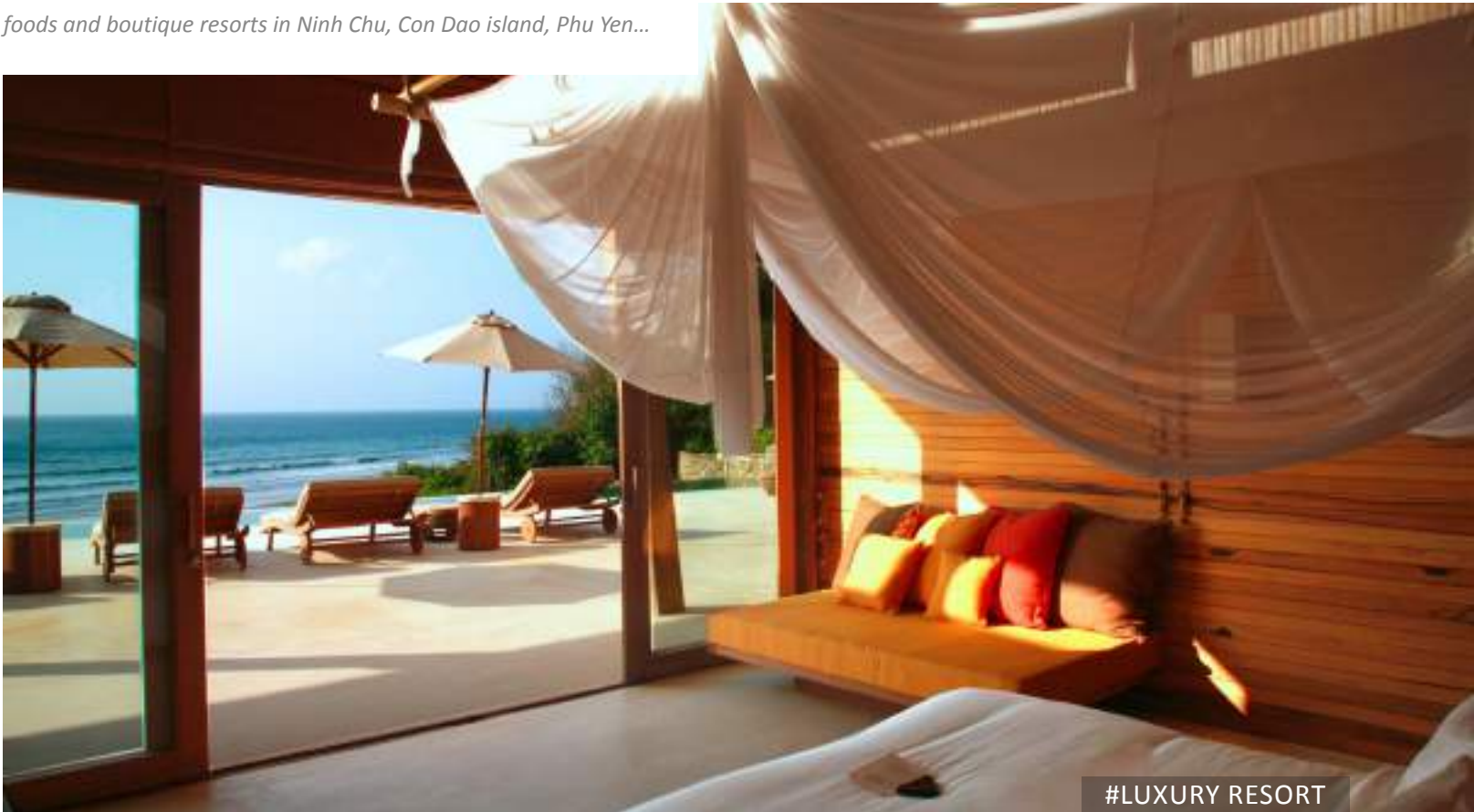
HIGHLIGHT

-  **Beach vacation:** Top luxury resorts to boutique ones with fine dining.
-  **Culture & historical sites:** visit Cham Hindu Ponagar towers in Nha Trang | Coconut Tree Prison in Phu Quoc.
-  **Top-rated activities:** snorkeling, scuba diving, canoeing, yachting, seabed walking | island tour by speedboat | golf | entertain at the theme parks in Phu Quoc, Nha Trang, Mui Ne.



#CON DAO ISLAND

***Pristine beaches** - numerous less-crowded beautiful sunny beaches along the coastline with emerald waters, great fresh sea foods and boutique resorts in Ninh Chu, Con Dao island, Phu Yen...*



#LUXURY RESORT



# SAI GON (HCMC)

The largest metropolis in Indochina, a harmony of French buildings, churches, shadowy streets, enthralling local-style markets & modern skyscrapers.



#SUNSET IN SAIGON



## HIGHLIGHT



**Culture & historical sites:** Reunification palace | War Remnant museum | Ben Thanh market | Jade Emperor pagoda | Cu Chi tunnels.



**Architecture:** Colonial French architecture including Notre Dame Cathedral, Central Post Office, Saigon Opera House, City Hall.



**Culture shows:** Water Puppet Show | A O Show.



**Top-rated activities:** Nguyen Hue & Bui Vien walking streets | Saigon river dinner cruise | vespa - cycling - jeep tour | Cu Chi tunnel & war relics.



#BUI VIEN WALKING STREET



#SAIGON CITY HALL



##CU CHI TUNNEL



#VESPA TOUR





# MEKONG DELTA

*Fertilized delta with vast fields, lush tropical orchards, density of rivers and canals offering local experience tours by boat trips including overnight cruise.*

## HIGHLIGHT



**Culture & historical sites:** the house of novelist Marguerite Duras | Vinh Trang pagoda | Binh Thuy Ancient House.



**Top-rated activities:** boat trip in My Tho & Ben Tre | bike tour through villages in Vinh Long, Can Tho or Chau Doc | floating market | luxury cruise crossing Vietnam - Cambodia border | Tra Su Mangrove Forest, Tram Chim National Park | visit local family-run factories & orchards.



#MEKONG  
RIVER CRUISE






# CAMBODIA

Cambodia – the Kingdom of Wonder, a charming yet confounding country, witnessed ups & downs of the mighty Khmer Empire, the most extensive concentration of religious temples in the world.

TRAVEL STYLES: Culture & history | active & adventure | cities & beach | nature & wildlife | honeymoon & family holidays | responsible travel | yoga & wellness | MICE | education & charity | golf - photography - culinary - LGBT



## HIGHLIGHT

-  **Top-rated things to do:** tours to Angkor complex | visit to the Royal palace and the Silver pagoda | cyclo tour in Phnom Penh | Apsara dance performance | visit Beng Mealea and Banteay Srei | visit Angkor silk farm.
-  **Unique experiences:** Gondola cruise dinner | vespa tour in Angkor | meditation in a serene pagoda | helicopter & hot-air balloon over Angkor | luxury river cruise from Siem Reap downstream to Phnom Penh and Saigon | Khmer salt and pepper experience | explore the elephant valley project in Mondulkiri | wild gibbon jungle adventure | Irrawaddy dolphin tour in Kratie.
-  **Outdoor activities:** horse and ox cart riding | jeeps and motor tour | tuktuk or cycle around the Angkor | the jungle zipline | camping on the island | longtail boat trip in mangrove forests | biking & crafts on silk island | trekking in Bokor & Mondulkiri.



# PHNOM PENH

*Featured by well-organized streets, charming old houses alongside new deluxe buildings, busy river ports, exciting night markets & various cuisines; a typical growing Asian capital.*



#INDEPENDENCE MONUMENT



#WAT OUNALOM



## HIGHLIGHT



**Culture & historical sites:** Royal Palace complex & Silver pagoda | the Independence monument & the Statue of King Father Norodom Sihanouk | National museum | Tuol Sleng Genocide museum & Choeung Ek Genocidal centre (Killing Fields) | Wat Phnom.



**Top rated activities:** Black market | nightlife funs | visit Phnom Tamao Wildlife Rescue center (PTWRC) | Koh Dach (Silk island) & Tonle Bati | Mekong sunset boat tour.



#RIVER CRUISE MEKONG




# CAMBODIA DANCE



# SIEM REAP & ANGKOR

Home to Angkor Complex - the masterpieces of architecture & sculpture in the world, a small charming town with old French shop-houses, shady tree-lined boulevards and a slow-flow river for pleasant boat trips.

## HIGHLIGHT

-  **Culture & historical sites:** Angkor Wat & Angkor Thom | temples at Phnom Bakheng hill or Pre Rup | Wat Bo, Wat Thmei (killing fields) | Wat Damnak | Wat Preah Prom Rath | Puok silk village.
-  **Museum:** Angkor National museum | Cambodia Landmine museum | War Remnant museum | Genocide museum.
-  **Outdoor activities:** boat trip to Tonle Sap | Mekong island cycling | motorbiking & tuktuk tour around the ruins | helicopter & hot air balloon over the Angkor | horse & ox riding | gondola cruise dinner | jungle zipline | pub streets.



#ANGKOR WAT



#TRADITIONAL COSTUME



#TA PROHM TEMPLE



#PRE RUP TEMPLE



#TONLESAP



# OFF THE BEATEN TRACK

*Battambang - a laid back town, a home of bamboo trains & numerous French colonial architectures: administrative buildings, shop-houses, apartment buildings, ...*



#BATTAMBANG STATUE



#SONGKRAN FESTIVAL



#COUNTRYSIDE





#BAMBOO BRIDGE  
ACROSS MEKONG RIVER

**Preah Vihear** - the World Heritage, home to Dangrek Mountain range forming the natural border between Cambodia & Thailand, famous for the sacred Preah Vihear temple- an ancient Hindu temple.

**Kampong Thom** - translates to 'great port' in Khmer, known for many beautiful temples & the Tonle Sap biosphere, lake & boating tours.

**Kampong Cham** - meaning "the port of Cham people" where the Mekong river runs along, home to a minor group living who follow Muslim, Christians & ethnic Chinese backgrounds.

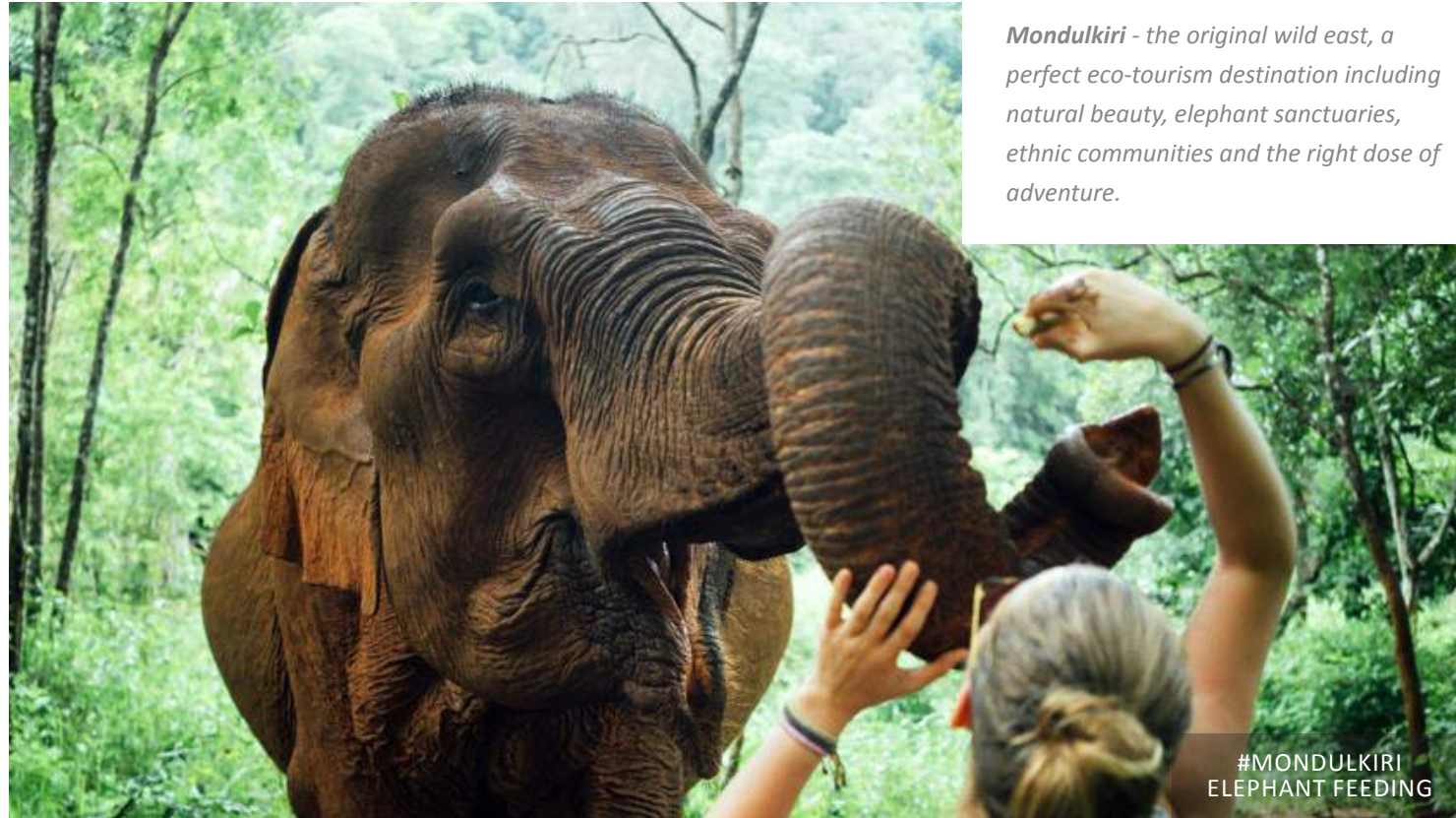


#JUNGLE ZIPLINE



**Kratie** - known as the destination of rare freshwater dolphins in the world – Irrawaddy dolphins.

#IRRAWADDY DOLPHIN



**Mondulkiri** - the original wild east, a perfect eco-tourism destination including natural beauty, elephant sanctuaries, ethnic communities and the right dose of adventure.

#MONDULKIRI  
ELEPHANT FEEDING





#YEPPENG FESTIVAL

# LAOS

*The least densely populated country of Asia with incredible mountain landways and waterway, the old Asia of elephants, jungle, falls, rivers, lakes, fresh water fish, rare vegetables and plants, superb ancient temples. A great place for adventure and nature lovers.*

Travel styles: culture & history | active & adventure | nature & wildlife | responsible travel | yoga & wellness | family holidays | MICE | education & charity | golf - agriculture - photography - LGBT

## HIGHLIGHT



**Top-rated things to do:** tuk tuk tour around ancient Luang Prabang | river excursions in Champasak and its surrounding prefectures | visits to ancient Theravada temples & vestiges in Luang Prabang, Vientiane & the Plain of Jars.



**Unique experiences:** morning alms giving | river cruises from the Golden Triangle to Luang Prabang & Vientiane | traditional temple festivals | boat races | kayaking along the Nam Song river to Sleeping cave | zip-line through the jungles of Vang Vieng | stay in the jungle lodge among stunning wild scenery | elephant feeding | Laos taste by Beer Laos and Lao Lao whisky | traditional ceremony - the 'Baci'.



**Outdoor activities:** river rafting & kayaking | motorcycling & biking in mountains | trek through hill tribe villages | boat trip to the ancient vestiges & villages | caravan tour.



#TAD FANE WATERFALL



#VANG VIENG



# VIENTIANE

The Capital of Laos, Vientiane, presents a valuable, long-standing Laos with golden relics, solemn pagodas, and crowded but elegant streets & boulevards.



#WAT PHRA THAT LUANG



## HIGHLIGHT



**Culture & historical sites:** Theravada pagodas | That Luang stupa | Wat Ho Prakeo & Wat Sisaket | Buddha park.



**Why here:** a hub to depart for excursions, boat trips & river cruises on the Mekong | great connection with Northern mountains, Vang Vieng, plain of Jars & Luang Prabang | go down to Southern Laos for natural wonders, highland's coffee, adventure activities & orchid trek experience | departure for elephant feeding at Phu Khao Khuay National Protected area.



#LAOS COSTUME



#NAN SONG RIVER



#BUDDHA STATUE



# LUANG PRABANG



#BUDDHIST MONKS



#FISHING IN MEKONG



#WAT XIENG THONG



#STREET IN OLD TOWN



Being one of the former ancient capitals of Laos, the town is incredibly graceful with authentic Laos spirit, traditional old houses, French-styled villas incorporated to lavish ancient temples with daily alms giving rituals.

## HIGHLIGHT



**Culture & historical sites:** Wat Xieng Thong monastery | other Buddhist temples



**Nature sites:** Pak Ou caves | Kuang si falls | Mandalao



**Top-rated activities:** stroll around the town by bike or on foot | shopping at Luang Prabang markets for handmade craft | visit the elephant camp | swim at Tad Kuang Si or Tad Sea waterfalls | boat races in September & October (high water time) | river cruise trips to other areas.



#WAT XIENG TANGA



# OFF THE BEATEN TRACK

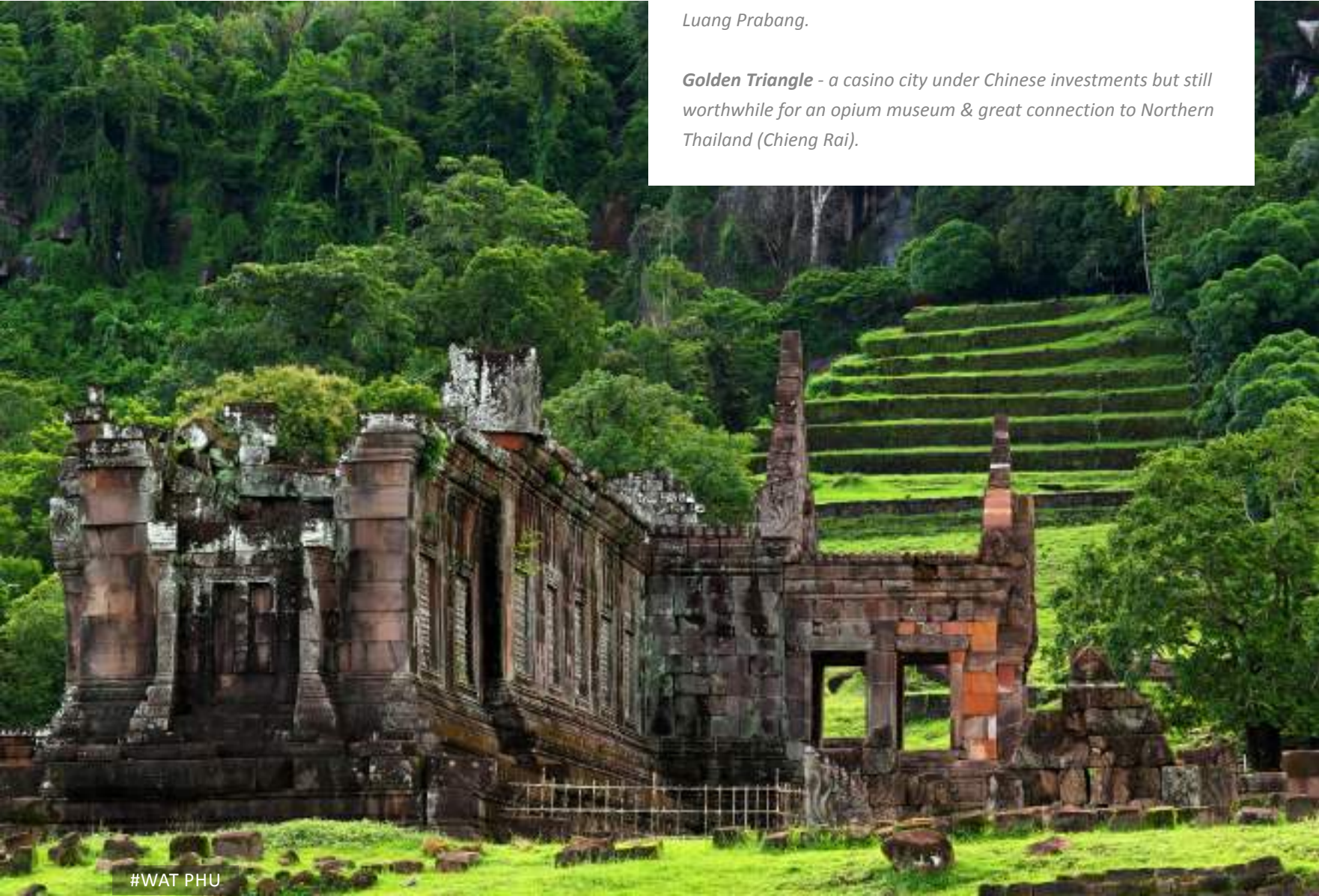


**Southern Laos** - this unpopularity leaves the area native beauty with untouched rivers, rare fresh water fishes, this unpopularity leaves the area native beauty with untouched rivers, rare fresh water fishes, shadowy plain highland, divine waterfalls, many hidden river islets as well as endangered Irrawaddy dolphins.

**Northern Laos** - the best place for ecotourism, the road less traveled region where dozens of hill tribes still keep their unique characters and customs.

**Plain of Jars** - a megalithic archaeological landscape in Laos consisting of thousands of stone jars scattered around the valley, hardly to consider it as a destination but a great combination with Luang Prabang.

**Golden Triangle** - a casino city under Chinese investments but still worthwhile for an opium museum & great connection to Northern Thailand (Chiang Rai).







# MYANMAR


*Being famous to the world as “The Golden Land” for its fertile land, wealth of minerals, distinctive culture & 2,600 years of Buddhist civilization, Myanmar possesses too many “golden” treasures to combine in just one visit.*

Travel styles: culture & history | active & adventure | nature & wildlife | honeymoon, family holidays | responsible travel - eco tourism | yoga & wellness | MICE | education & charity | photography – culinary – LGBT

## HIGHLIGHT

 **Top-rated things to do:** Boat trip at Inle lake, Mandalay or Hpaan | Bagan temple trips by horse cart or hot-air balloon | visit religious relics, palaces, treasures at Yangon, Mandalay & Golden Rock | Visit the National Museum, the Gem Museum | visit golden temples & pagodas in Yangon and Mandalay | sunrise watching at Mrak-Ou.

 **Unique experiences:** Yangon circular train | street food tour | Dala trishaw tour | tour in style with elephant coach | balloon experience over Bagan or Inle Lake | village life of Kyun Thiri island | Mt. Popa volcano & Salay tour | temple dinner experience | Mandalay Jade market experience | meditation in saging | Sangar’s sunken stupas | canoe ride through village | Bago ancient capital tour.

 **Outdoor activities:** trek from Inle lake to Kalaw | swim at Nantmongyi Waterfall | white water rafting in Kachin state | bike around the temples of Bagan | rock climbing at Hpa-An | diving experience at Shark cave.



## MAPS OF MYANMAR AIRPORTS





# YANGON

Yangon - an attractive city, is no longer the capital but still plays the most important role in tourism development as the hub of incoming flights and the heart of ancient culture & longest traditions.



#KARAWAIK PALACE



## HIGHLIGHT



**Historical & culture sites:** Shwedagon pagoda | Sule and Botataung Pagoda | Maha Wizaya pagoda | Kaba Aye pagoda | Kyauk Taw Gyi pagoda | Chauk Htat Gyi pagoda | Nga Htat Gyi Pagoda.



**Urban activities:** bike around Yangon's surrounding areas in Thanlyin | shop at local markets | experience circular trains | photo tours and meditation.



#PADAUNG (KAREN)  
TRIBE GIRL



#SHWEDAGON TEMPLE



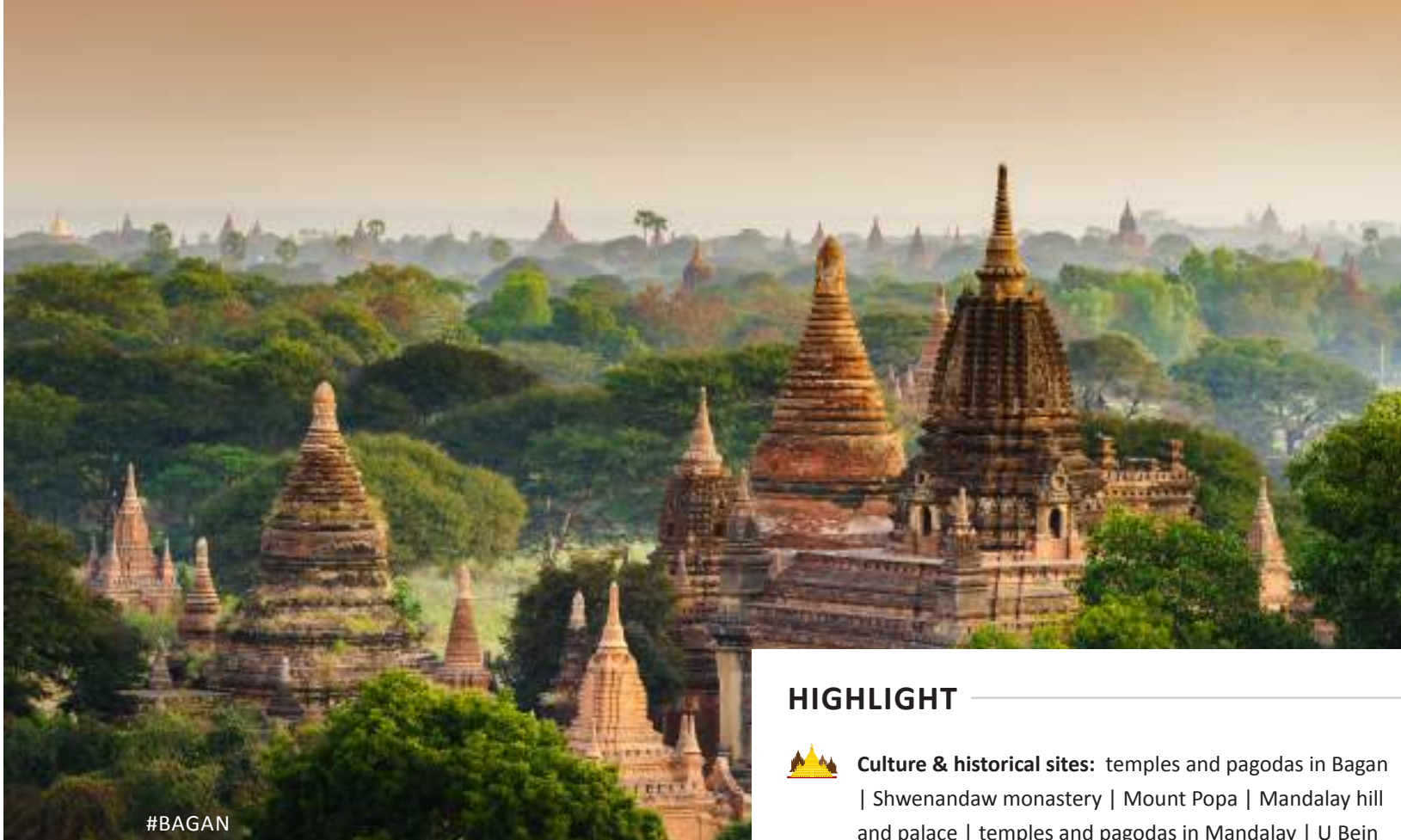
# BAGAN & MANDALAY

***Bagan** - home to the largest and densest concentration of Buddhist temples, pagodas, stupas and ruins in the world with 4,000 thousand relics, stretching over 41,000sq km, many dating from the 11th and 12th centuries.*

***Mandalay** - the last capital of the royal dynasty, a city of unforgettable memories in the history of Myanmar, well-known for its silver carvings, silk weaving and marble, a commercial center with railways, roads, waterways and airways connecting to other regions of the country.*



#U BEIN BRIDGE



#BAGAN

## HIGHLIGHT



**Culture & historical sites:** temples and pagodas in Bagan | Shwenandaw monastery | Mount Popa | Mandalay hill and palace | temples and pagodas in Mandalay | U Bein bridge | Bagaya monastery.



**Outdoor activities:** dinner with Puppet show at Nandar restaurant | Irrawaddy sunset boat trip | hot-air balloon flight | visit vestiges by horse carts | meditation at Mahamuni Paya pagoda | boat trips between Mandalay - Mingun and Bagan - Yangon.



#BUDDHIST  
NOVICE MONKS





#INLE LAKE

## INLE LAKE & KALAW TREK

*Inle lake - about 120 sq km, yet it hardly defines the lake's boundary due to the high water level and thick aquatic plants growing around the shore, renowned for leg-rowing fishing boats, blue crystal water merging with deep blue sky, quaint workshops and floating gardens.*

*The southwest of the lake is Indein - a great hub of hill trekking, where many local families have become trekking guides.*

### HIGHLIGHT



**Outdoor activities:** boat trip in Inle lake and enjoy the pass-by floating gardens of cucumber, bean and tomato | trek in Kalaw hills, Indein and Nwangshwe through local green gardens and textile hamlets | shop at silver, silk and cigarette workshop | visit ancient monasteries in the jungles.



#INPAWKHON VILLAGE



# GOLDEN ROCK

## & THE SOUTHEAST MYANMAR

*The Golden Rock - has become the top Buddhist pilgrimage site since the 11th century as devotees from Myanmar and neighboring countries flock to the site to plate gold leaves on the surface of the big rock on holidays, on which Kyaiktiyo Pagoda is built - a closer sight to the surprising normal life of people.*



#GOLDEN ROCK



#YOUNG BUDDHIST MONK



### HIGHLIGHT



**Culture & historical sites:** Golden Rock Temple | Hpa-an, Mawlamyine.



**Outdoor activities:** go up Kyaiktiyo pagoda by truck | trek downhill through villages | visit charming Hpa-an KawGun Cave with exceptional carvings | climb Zwegabin Mountain for a view of Lumbini garden with hundreds of Buddha statues | boat trip from Hpa-an to Mawlamyine | enjoy the sunset and seabirds at the port opposite Strand hotel.